



BENEFITS OF LIFELONG LEARNING

Learning and upgrading your knowledge or skills throughout your lifetime can happen in many different ways. One of those are friendly, studio based courses.

Continuous learning is a great way to remain active, exercise your body, and stimulate your mind. It not only improves your physical health, but also keeps your brain alert and memory sharp.

You may notice that lifelong learners are usually open-minded, curious, happier, and more socially and professionally engaged than others who may not pursue active learning opportunities.

As physical exercise contributes to physical health, learning contributes to mental and emotional wellness.

- It brings a sense of purpose and achievement.
- It brings people together and allows for social connections and friendships to form.
- It can keep our memories sharp and our brains alert.

Learn for Fun, Teach for Pleasure!

Our Instructors!

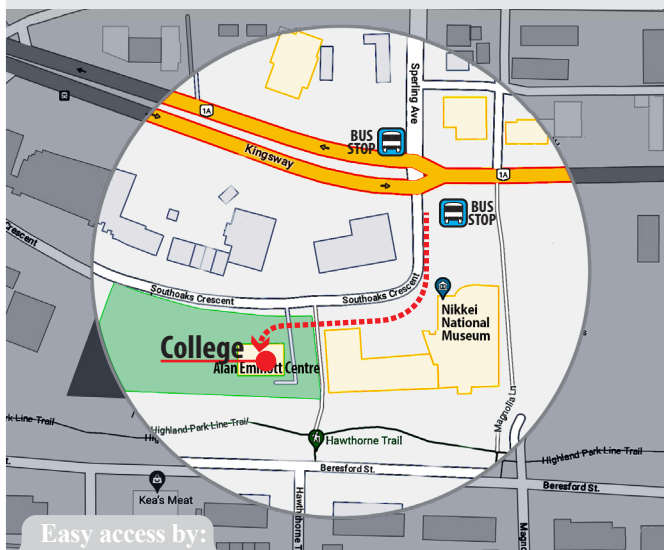
CCCR has been so fortunate to have experienced the generosity of a multitude of volunteer teachers over the years. From Ukelele, to Drawing and from Calligraphy to Desktop Basics we've never had a shortage of retired and kind human beings that have come forward to donate their time to our college.

Donations welcome. Tax receipt available.



Alan Emmott Centre

**Community College for the Retired
6650 Southoaks Crescent, Burnaby**



Easy access by:

Bus - #119 stops at Kingsway & Sperling/Southoaks going both east & west.

Skytrain - Edmonds Station - connects with westbound #119 bus or it's a 10-15 min. walk to the College from the Edmonds Station.

Parking lot & on-street parking.
Ground level entrance, a "lift" for mobility.

We gratefully acknowledge the financial assistance of:



COURSES for
SENIORS 50+
WINTER 2025

SINCE
1973

Community College for the Retired

**The College offers
a variety of weekday, daytime classes**

Including:

- Computers (Beginners, Spreadsheet, Internet)
- Photography on Smartphones & iPhones
- Social Media (iPad + Windows)
- Fine Art (Painting, Drawing)
- Quilting, Sewing, Knitting, Crocheting
- Calligraphy
- Music (Piano, Ukulele)
- Genealogy
- Spanish, French, German, Mandarin, Korean
- Memories into Memoirs and more...
- Short Story, Poetry
- Games (Bridge and Chess)
- Workshop and Discussion Classes too
- Thriving in the Third Stage of Life and more...

**In-person registration begins
January the 15th-16th, 2025.**

Open 10:00 am – 2:00 pm

Classes start Wed., January, 22nd

Cheques preferred or Cash

We are looking for new and exciting classes and if you would like to volunteer to teach, please contact us or visit our website.

www.cccrburnaby.org
cccr@telus.net
604-517-8732



6650 Southoaks Crescent, Burnaby

Code	Level	Course	Description	Instructor	Day	Hours	#Sessions	Start	Fees
Art & Creativity									
A5	All	Quilt, Sew, Knit, Crochet	An encouraging handcrafting group	Group	F	9:00-3:30	10	Jan 24	\$100
A6	All	Calligraphy	Learn the art of calligraphy	H. Martin	TH	11:15-1:15	10	Jan 23	\$100
A8	Beg	Introduction to Drawing	Learn to draw with Arthur	A. Babiarz	T	11:15-1:15	8	Jan 21	\$80
A12	Beg	NEW! Watercolour &/or Painting	Learn Watercolouring/Painting	R. Durugunti	F	1:30-3:30	8	Jan 24	\$80
H2	Beg	NEW! Quilling for Beginners	Paper Quilling	Cori	W	1:30-3:30	1	Feb 19	\$10
H4	Beg	NEW! Card Making w/Sizzix	Create greeting cards	Cori	W	1:30-3:30	1	Mar 5	\$10
Computer									
IP1	Int	More iPad Fun!	Review basics; learn how to use	Gus Fraser	Th	11:15-1:15	8	Jan 23	\$80
C10	Beg	NEW! Beginners Computer	Beginners Only Computer	A. Babiarz	T	9:00-11:10	8	Jan 21	\$80
Photography									
C3a	Beg	Smartphone Photos	Must have iPhone / Smartphone	B. Daniel	F	11:15-1:15	4	Jan 24	\$40
C3b	Beg	Smartphone Photos	Must have iPhone / Smartphone	B. Daniel	F	11:15-1:15	4	Feb 21	\$40
Genealogy									
G1	All	Finding Your Roots	Family History - First Steps	D. Rogers	Th	1:30-3:30	1	Jan 30	\$10
G2	All	Genealogy	Intermediate / Adv. Research	D. Rogers	Th	1:30-3:30	8	Feb 6	\$80
Languages									
L2	Int	Spanish Conversation-Level 1	Learn more Spanish	E. Zuniga	T	9:00-10:30	8	Jan 21	\$80
L6	Beg	Beginner's Spanish-Level 2	Learn Spanish	E. Zuniga	W	9:00-10:30	8	Jan 22	\$80
L7	Conv.	Spanish Conversation	Practice Spanish conversation	E. Zuniga	Th	9:00-11:15	8	Jan 23	\$80
L8	Lev. 1&2	Mandarin	Beginners & Intermediate	M. Lo	W	11:15-1:15	8	Jan 22	\$80
L9	Beg	Elementary Hindi Speech	Learn to speak elementary	Mahesh	Th	9:00-11:15	8	Jan 23	\$80
Mental Wellness & Health									
B5	All	NEW! Digital Citizenship For All	Learn about impact of technology, AI & data gathering	L A Davies	W	1:30-3:30	5	Jan 29	\$50
B7	All	Mental Wellness	Build New Habits...	M Wu	Th	1:30-3:30	8	Jan 30	\$80
Music									
M0	Beg	Beginner's Ukulele	No Experience Necessary	S. Miller	F	12:00-1:00	8	Jan 24	\$40
M1	Int	Intermediate Ukulele	MO or Another Ukulele Class Experience	S. Miller	F	9:30-10:30	8	Jan 24	\$40
M2	Adv	Advanced Ukulele	Level 1 Requirement or Experience	S. Miller	F	10:45-11:45	8	Jan 24	\$40
M7	Int	Int. Piano Appreciation	Piano Appreciation Group	Group	Th	11:10	8	Jan 23	\$80
M8	Int	Intermediate Piano	Intermediate Piano	M. Fraser	W	9:00-11:00	8	Jan 22	\$75
Reading, Writing & Discussion									
R10	All	NEW! Film Afternoons	View & discuss films in a comfortable atmosphere	Group	T	1:30-3:30	8	Jan 28	Donation
R3	All	Memories Into Memoirs	Write your memoirs; share them in class	J. Berkana	Th	1:30-3:00	8	Jan 23	\$80
Social Games									
S3	Int	Mod. Stand. American Bridge	Come Play Bridge!	Craig T Wilson	W	11:15-1:15	8	Feb 19	\$80
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CCCR

**Courses
Winter Semester
2025**

For updates to the schedule after printed version; descriptions of courses and course supplies, please visit our website at:

www.cccrburnaby.org



On Facebook find us at:
Community Centred College for the Retired, share our post and like us. 🇺🇸

